



These are just some examples of lagging skills/unmet needs.

Unmet Needs	Lagging Skills
<ul style="list-style-type: none">▪ Safety, Shelter, Food, Sleep▪ Belonging & Love (attention)▪ Power▪ Freedom▪ Control▪ Fun▪ Interest and Engagement▪ Movement & Exercise▪ Friendship▪ Dignity▪ Respect▪ Validation▪ Acknowledgement▪ Self-expression▪ Expression of Affect/Emotions (sadness, frustration, anger, excitement, happiness)	<ul style="list-style-type: none">▪ Processing verbal instructions information▪ Expressing anger, frustration and disappointment safely (getting angry without getting in trouble)▪ Being bored▪ Calming down▪ Transitioning (ending one task and beginning another, shifting tones and mindsets)▪ Slowing body down▪ Persisting in challenging or tedious tasks▪ Asking for help with words.▪ Taking turns (Waiting)▪ Controlling impulses▪ Maintaining focus▪ Using words to express feelings, thought or concerns▪ Making friends (reading social cues, entering into conversations, sharing, listening, compromising)▪ Seeking attention in appropriate ways▪ Empathizing with/understanding others feelings or perspectives.▪ Being aware of tone/body language ("attitude")▪ Code switching (language, voice tone, body language)▪ Keeping body still▪ Being aware of body in space (esp. in relation to other bodies)▪ Academic Skills▪ Getting started on academic tasks▪ Organizing materials, keeping track of supplies and personal belongings...